



LOOKING GLASS REFLECTIONS

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REBEKAH & GRANT'S

Romantic Partnership

Legal *Common Sense*

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Always seek the advice of your own medical practitioner and/or mental health provider about your specific health situation. For my full Disclaimer, please go to www.jennifersglass.com/disclaimer.

These are the findings and interpretations made by the application of the principles of Human Design as received by Ra Uru Hu and taught by IHDS and Jovian.

As with everything in Human Design, you are urged to follow your own Strategy & Authority to guide you to the decisions that are correct for you.



Bright Blessings!

I am so grateful you're here. Human Design has been a life-changing experience for me, and I love to share it with others.

I believe that we are born with everything we need for our life's journey and that we're designed to draw the people, places, and opportunities to us that will enhance our experience.

Our only job is to get out of our own way and enjoy ourselves.

We're designed to be aware, to experience enlightenment.

We're going to cover a key point in your experiment: how you relate with others. Specifically, your romantic partnership.

We're designed to connect and fulfill our genetic imperatives with others. Who you take into your life, especially intimately, has a profound influence.

As you learn more about how your designs interact, the goal is not to fix or change the other, but rather, to learn and accept. By letting your partner be who they came here to be and allowing yourself to do the same, you both shine brighter.

Are you ready to begin?

I'm honored to serve as your guide.

Rev. Jennifer Cordes.

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The Science of Differentiation

Human Design is a metaphysical representation of our DNA. It is our circuitry and genetic expression. Based on your date, time, and location of birth, your design brings together your personality and your heritage. It's a map of your soul's journey in this lifetime.

You are utterly unique.

You are a unicorn.

We're designed to be impacted by each other. We create and express and transform through communion.

You bring something that no one else can.

So does your partner.

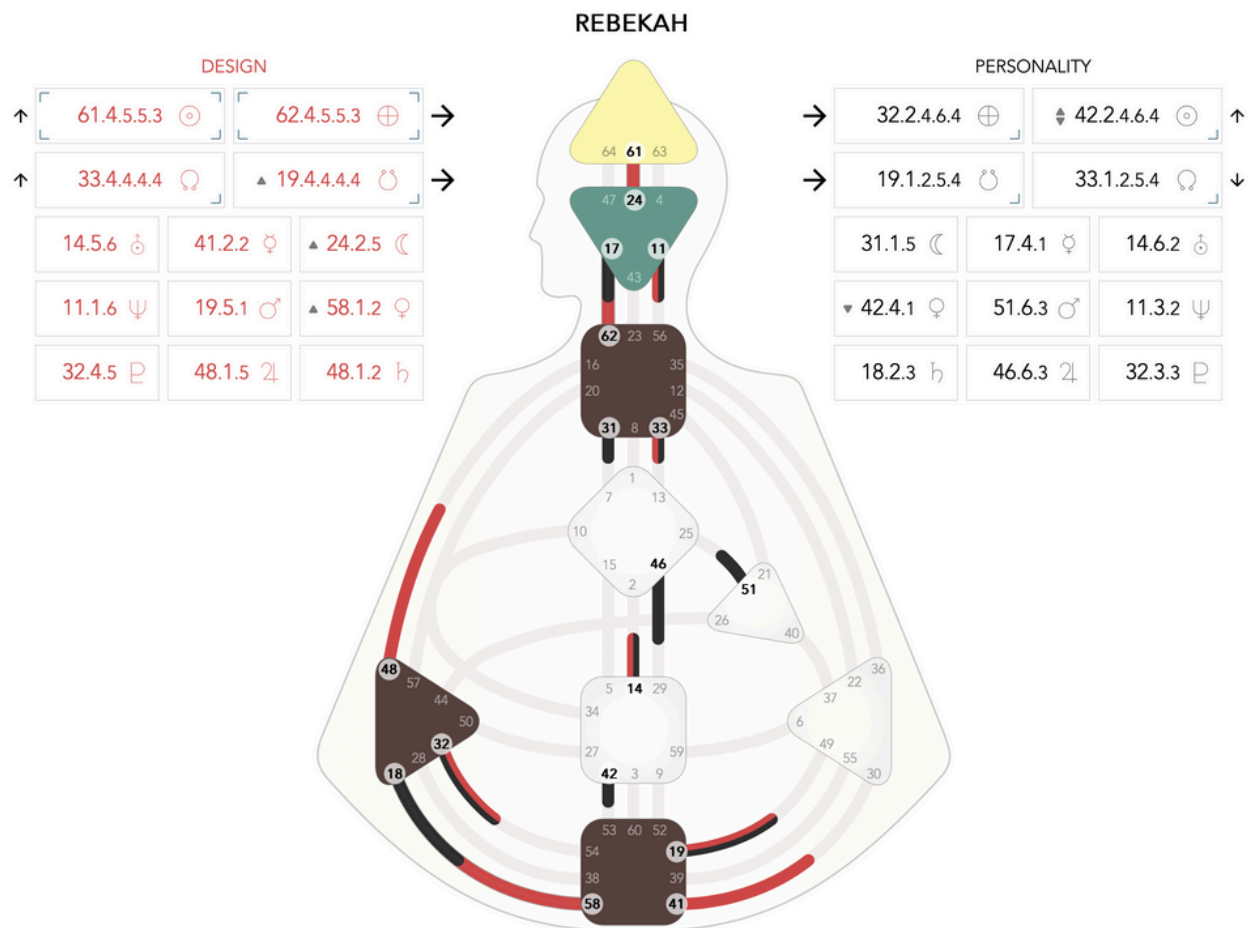
Really, there's nothing to do other than witness.

Be yourself.

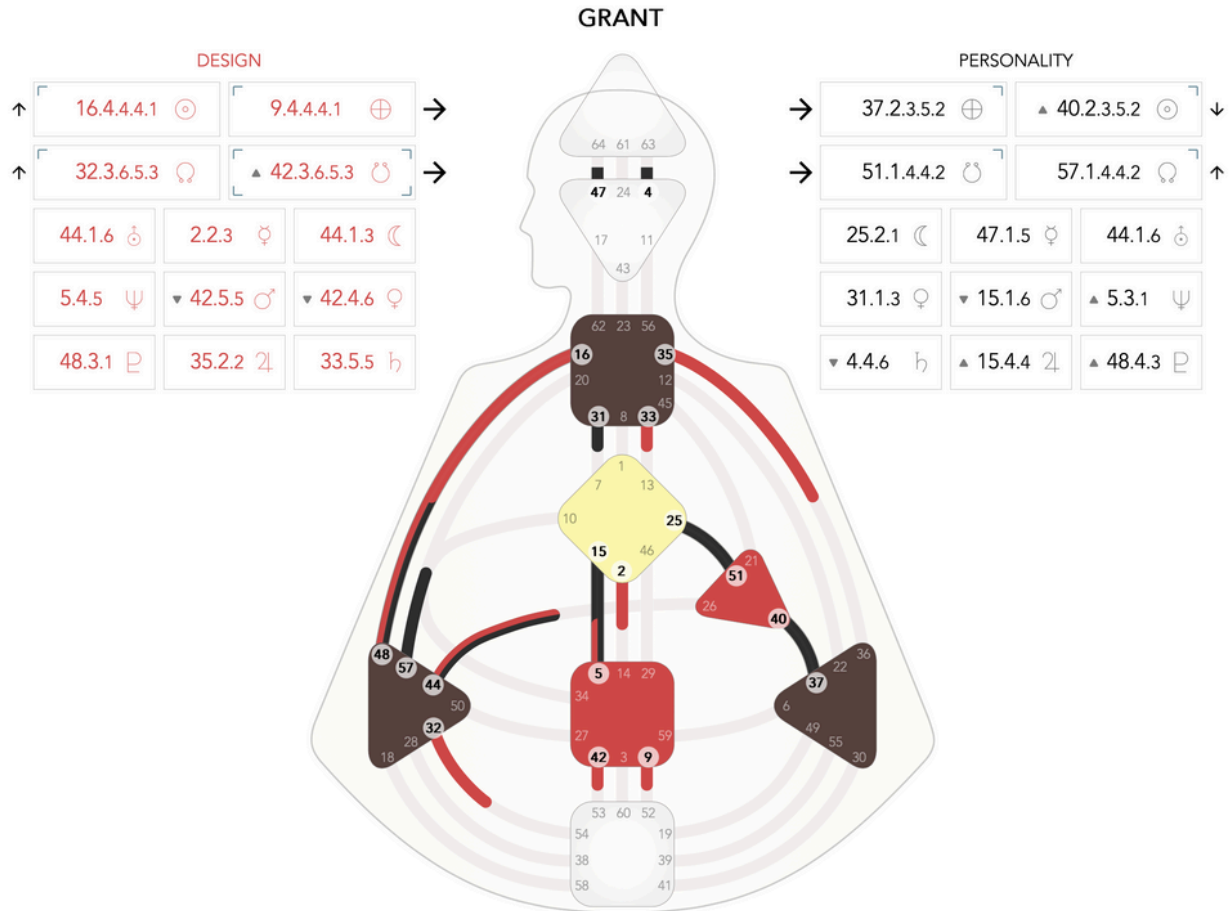
Be who you came here to be. No one else can do the job for you.



The *Magic* You Bring



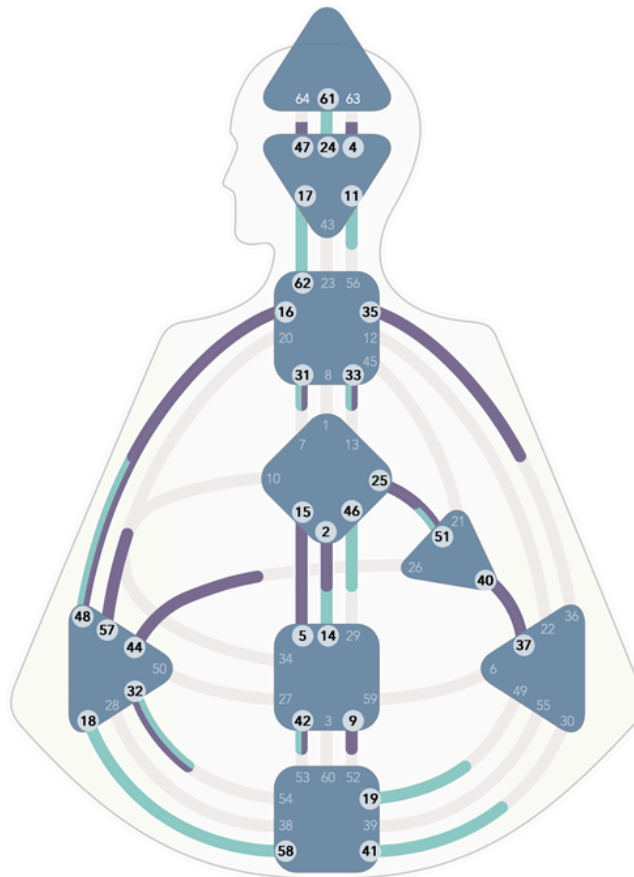
The *Magic* You Bring



The *Magic* You Make *Together*

REBEKAH - GRANT

REBEKAH	
61.4	☉ 42.2
62.4	⊕ 32.2
▲ 24.2	☾ 31.1
33.4	☿ 33.1
▲ 19.4	♊ 19.1
41.2	♀ 17.4
▲ 58.1	♀ 42.4
19.5	♂ 51.6
48.1	♋ 46.6
48.1	♏ 18.2
14.5	♍ 14.6
11.1	♏ 11.3
32.4	♌ 32.3



GRANT	
▲ 16.4	☉ 40.2
9.4	⊕ 37.2
44.1	☾ 25.2
32.3	☿ 57.1
▲ 42.3	♊ 51.1
2.2	♀ 47.1
▼ 42.4	♀ 31.1
▼ 42.5	♂ 15.1
35.2	♋ 15.4
33.5	♏ 4.4
44.1	♍ 44.1
5.4	♏ 5.3
48.3	♌ 48.4



Start with Your *Foundation*



The beauty of mechanics is that it reveals the limitation of any relationship. And, in revealing that limitation offers an opportunity. All limitations can be transcended. The ultimate transcendence is one through love. It's a transcendence to the harmony that's possible between beings

~Ra Uru Hu

It may seem strange, but in starting our journey into your partnership analysis we're going to start with each of you individually. If you've had a Human Design reading in the past, this can be a great time to revisit it.

Foundational to our interaction with the other is honoring your Type, Strategy, and Authority. You are here to be yourself—no one else can do the job for you. If either partner tries to contort or manipulate, or carries expectations, blocks are placed on what is possible in your joining.

It's about being yourself, always.

REBEKAH | PROJECTOR WITH SPLENIC AUTHORITY

As a Projector, you are here to know and guide the other. Your aura is focused, penetrating, and absorbing. You're designed to be conditioned (to be affected) by the other, so it's important for you to rely on your Strategy & Authority to guide you to the proper interactions.

Your Splenic "hits" will guide you to the sense of well-being that is correct for you. It's whippet-quick, often quiet (although, it can get louder as you learn to give it priority), and is in the moment. It's not anxious or fretful. It's a knowing that comes from deep within.

You're designed to be invited, for others to recognize your genius and for you to recognize it in yourself as well. When you receive the invitation, let your Spleen guide your acceptance or denial. It's a two-way street...just because someone asks does not mean you are obligated. Being recognized and seen by your partner can feel especially important to you.

You'll know you're on track when you experience feelings of success. If you're feeling bitter or resentful, it's time to come back in alignment.



Start with Your *Foundation*



It's about operating correctly within yourself, communicating with the other, and then the byproduct is the relationship will operate smoothly.

~Ra Uru Hu

GRANT | GENERATOR WITH EMOTIONAL AUTHORITY

As a Generator, you are designed with consistent life force energy—a buzz that builds within when you're doing what you love. It can be tempting to jump ahead into ideas as soon as you get them. It's important to make sure your gut tells you yes and that you allow any emotions to settle before you move ahead. You're looking for an absence of nervousness, sort of like the calm in the eye of the storm.

As you pay attention to how that upcoming decision feels throughout the range of feelings, you'll get a baseline average. Check in with your gut and then take the step that is aligned for you.

Your aura is enveloping and you're here to naturally draw the other to you. You're magnetic and attractive. Because your aura is so open and you're bringing energies in so close, it's important to rely on your Strategy & Authority so you're with the right others.

Let others ask you questions so you can gauge your body's response. Is it a sensation of yes, no, or maybe? Your gut is built to give you no-fail information. It's body intelligence. The mind can't track or chart or analyze it. You'll know what you know and you likely won't be able to explain it.

Having your partner ask yes-or-no questions (rather than open-ended ones) can feel especially good to you so you can tap into that natural wisdom.

You'll know you're on track when you experience feelings of satisfaction. If you're feeling frustrated or stuck, it's time to come back in alignment.



How Your Auras *Talk*



Only when you have two beings who are absolutely correct and aware in their relationship is the conditioning phenomenon no longer a question. It's all about acceptance.

~Ra Uru Hu

We communicate so much to each other before we say a word. Our auras talk. They broadcast our energetic frequency. What are we open to? What are we drawing in? Where are we focused on the other, on ourselves?

Are we operating cleanly and efficiently, or perhaps, are we getting in our own way...gunked up with a lot of should's that limit our potential to stand out as a unique light?

We're always taking in from the outside, affected by each other so we can grow and learn. Human Design refers to this process as "conditioning." That's why following your Strategy & Authority is such an important step in your journey. When you operate as yourself, you align to the path that is yours to walk.

When two people come together, they communicate on multiple levels. We're going to look at how your auras begin the conversation.

REBEKAH AS A PROJECTOR + GRANT AS A GENERATOR

A Generator : Projector relationship brings the potential for profound intimacy. The Generator is designed to draw the other in, and the Projector is designed to look deeply into the other. Generators emit an essential life force, a living and breathing energy that is vital to our growth. And, Projectors are here to guide that energy.

This isn't about one partner being more important than the other. It's about the synergy of how energy flows between you. It can be exhausting to try to do something that isn't natural to you. By letting your partner do what comes easily to them, you give yourself the freedom to do the same. You play to your strengths. You create something beautiful together.



How Your Auras *Talk*



FEELING SEEN & HEARD: HOW GRANT CAN RECOGNIZE REBEKAH

When the other truly sees and hears us, it creates a deep tie. But, it starts within. It's about valuing yourself, knowing what you need, and giving yourself permission to receive it. We teach the other how to respect us.

Projectors are designed to be recognized. They shine when someone acknowledges their gifts and invites them to an opportunity. In a partnership with frustration or bitterness, this can come across like needing to bolster an ego. Grant, it's really about letting Rebekah know that you see her for who she truly is, that you see her strengths and how she can contribute. It isn't empty flattery. Rather, it's a genuine appreciation for the way she sees things.

Projectors are here to guide and advise. Like a bird on a branch, they offer a much-needed perspective that those of us on the ground just may not have. We're so busy forging the path, we may not always be able to tell what's ahead.

Rebekah brings specific strengths in awareness, in how she can intuitively just *know*. It can happen in a pulse, an out-of-the-blue truth that she expresses with beautiful acceptance. She has a very creative and organized mind, full of ideas, with a very specific taste for judgement. She can see what needs to be corrected to help others, and she brings the vitality to that process so it becomes light-affirming instead of weighted down with criticism.

Grant, when you take the time to acknowledge Rebekah for the many ways she contributes to your partnership and ask her opinion, you create an opportunity for her to step closer to you.

Her mind may be especially fascinating to you. You may also have noticed her ability to handle pressure and deadlines. When you're together, you may feel some pressure to keep pace with her. You may find yourself thinking about the past and how it can be resolved into a more secure future. Expressing those thoughts can feel like a challenge.

The more you practice acknowledging that pressure and letting it move through you, the more you can lean into letting Rebekah do what comes naturally to her so you can detach from trying to take on too much. You're designed to carry a lot of energy, but you want to make sure that you're using it effectively and in the way that's correct for you. Don't let external pressures push you into someone else's timing.



How Your Auras *Talk*



FEELING SEEN & HEARD: HOW REBEKAH CAN INVITE GRANT'S RESPONSE

Generators wield a tremendous life force and deep-body wisdom that is accessed via yes-or-no questions. It's a game-changer to trust your body instead of relying on your mind. It can be tempting to want to ask the Generator "why?" But, they're not designed to function that way. The gut is their key.

When the mind is out of the way, a sort of humming or guttural sound can emerge. It's a vibration from the deepest part of Grant. For both of you, it's about learning to trust it. Rebekah, don't ask him to explain or rationalize it—that's the mind's trip.

Taking the time to ask Grant yes-or-no questions will help him tap into his truth. Grant may ask you, "What do you see?" Conversely, your questions to him will be close-ended. That may seem counter-intuitive to you because those open-ended questions give you so much room to play, to let your insights pour forth. Grant's truth doesn't come from his mind.

Of course, this doesn't mean that you refrain from ever asking Grant an open question. That can be so helpful to learn more about each other and how he views things. But, when it comes to the foundation of his inner guidance, closed questions create the starting point for his expansion.

A big adjustment in your relationship can be the way you perceive his emotions. Grant's final say-so in his decisions comes from how he feels about them. It'll move in a wave with high's and low's, and the yes-or-no process can help him tap into it. When he moves into a settled sensation, an absence of nervousness, he comes into the decisions that are correct for him.

While that process is completely natural to him, it can be very loud to you. A mild annoyance can feel like a problem that needs to be solved. Some temporary melancholy can feel like depression is moving in.



How Your Auras *Talk*



FEELING SEEN & HEARD: HOW REBEKAH CAN INVITE GRANT'S RESPONSE

It's important for you to remember that you are perceiving his emotions much more intensely that he is actually feeling them. Practicing acceptance and letting them move through you can help you to detach from absorbing them. If it gets too loud for you, it can also be helpful to move out of his aura so that he can go through his process without your reaction to it.

Breathing and meditation practices, as well as visualizations, can be helpful tools to process intensities as they arise.

You may find that you admire Grant's sense of identity, how he infuses his life with universal love, and follows an intuitive direction. He may be an initiator for you that brings a sense of empowerment, and you may lean into the communities he naturally creates. You likely appreciate how well he marries depth with skill, at how he can take the time to perfect a talent.

He follows his own rhythm and flow, moving between staid patterns and occasionally breaking them with an extreme. When you're with him, you may feel like you have more willpower, more get-up-and-go energy. Its important to check in with your body so that you're not on an artificial high or forcing yourself to do something just because you temporarily can.



How Your Auras *Talk*



SLEEP

As a Generator, Grant is designed to use his supply of energy before going to bed. As a Projector, Rebekah will be sensitive to that powerhouse...she can amplify it and, at times, may even distort it.

It can create an artificial sense of energy that can end up depleting her. It's akin to being hopped up on sugar or caffeine and then crashing afterward. The burn leaves you so much more exhausted than if you had just gotten the rest you needed to function more easily.

Human Design recommends that people sleep alone in their own aura. This may or may not be feasible or even desirable in your partnership.

If sleeping together is correct for you and you notice that it's not always easy, you may want to experiment with Rebekah having some private time before sleep. This can be a great way to give her body time to acclimate to winding down from the day, especially if she's been around a lot of Generator buzzing energy.



Navigating Challenges

Nothing is more civilizing than the compromise of relationships. ~Ra Uru Hu



No matter how pure our intentions or open our heart, sometimes people can just bug us. There's no way around it. We're human. We have bad days, hurt feelings, or unmet expectations. Trying to avoid those pitfalls is a waste of time and creates undue pressure to be perfect.

Rather, this process is about coming into acceptance and holding awareness that we're here to learn about ourselves and the other. It's about giving grace (to ourselves and our partner), and creating space to move through challenges with greater ease.

By accepting them and not wasting energy resisting or fighting them, we create capacity for wisdom, and we give ourselves an opportunity to grow. As *A Course in Miracles* says, every relationship is an assignment. It's an opportunity to move more deeply through transformation.

In these next pages, I'm going to spend some time pointing out your differences in major areas of how you may see yourself and how you may see the world. I'm also going to highlight what may be some negative programming that runs through your mind when you're confronted with these challenges. In Human Design terms, this is "not-self." It's the mind noise that distracts you from your gifts and your purpose, that makes you think you need something or someone other than what and who you already are.

The point is not to give you a weapon of justification to use in an argument. Rather, this is an opportunity to shift your point of view into acceptance so that you can then get more clear in your own Strategy & Authority to take the steps that are correct for you.



Navigating *Challenges*



REBEKAH'S INNER PRESSURE POINT: WORTHINESS

You may wish you had a more consistent experience and expression of your bravery and ability to handle new experiences. When you succumb to this pressure, it can tempt you to foolish acts to prove yourself. That may be an underlying theme that you notice in your life: trying to prove yourself, your worth, and to make promises to demonstrate your value.

Your mind may tell you that other people have problems with false bravado, stamina to be in control, and their capacity for loyalty. Your mind can see these issues in others and tell you that you need to prove yourself to compensate. It's sticky and uncomfortable and will only ever make you feel bad about yourself.

This may feel especially tender when you're with Grant because he carries strong definition in this area. It's natural for him to have the fortitude to make promises and carry them through with a consistent direction and in his own timing. Because it's such a natural skill of his, it may feel like he automatically controls when and how you initiate new projects or even aspects of your relationship...that it's more important for him to go first.

That may be true overall or situationally. Only you two hold the answer. This process isn't about trying to change that part of you (or him), but rather to accept it as mind noise and accept your partner for who he is. You'll come to it more clearly when you each follow your Strategy & Authority to guide your decisions.

You'll be clued in because you'll see expansive possibilities and you'll hear yourself talking about what needs to be done. It won't be about logical probabilities or riddled with fear.



Navigating *Challenges*



REBEKAH'S OUTER PRESSURE POINT: CONFRONTATION

It's possible that you perceive the world as a minefield of wild emotional expressions that cause backlash to innocent bystanders. You can see all of the ups and downs in people's waves of emotions and you can be very aware of how that feels. In fact, you're designed to amplify those emotions, so they're likely very, very loud to you.

Talking about those emotional waves can lead to confrontation when the other isn't fully aware of the energy they're putting out into the world. Consequently, you may see the world as an unsafe place, full of hostile encounters.

You can see other people as having a problem with handling expectations (especially in a crisis), social openness, being forced to conform (especially in the marriage bond), intimacy in mating, and moodiness. You may feel that it's your problem to solve to support other's needs and to discern the underlying principles that will help you do this. You can also be afraid to dive too deep into feelings and get attached to desires because the Fates may take them away from you.

You may not know what to feel, let alone what to be nervous about. It can lead you to avoid confrontation and hide your truth to keep your nervousness at bay.

All of this can be amplified and exacerbated when you're with Grant as he generates a continual emotional frequency. You may especially notice themes relating to community and when to be alone vs. when to be affectionate. It can be very tempting for you to look for promises that demonstrate loyalty as you pick up on his energy in this area.

As before, this is not about trying to change or control. It's simply about bringing awareness so you can come back into your proper alignment. Take some space if you need it. Look for your body's sense of well-being to tell you when you're back on track.



Navigating *Challenges*



GRANT'S INNER PRESSURE POINT: INSPIRATION

You may feel a lot of pressure to be inspired. You may see yourself as easily losing focus and feeling pressured to think. You may view other people as having a problem with the pressure to derive knowing from wonder.

You may think that it's your particular problem to resolve the confusion of what to believe and to address the doubt that spurs logical thought. This pressure can be especially strong when you're with Rebekah as her mental processes are very defined. She is particularly well-suited to wonder and rationalize, and then express her knowing in a burst of insight. She's more likely to communicate it in a logical opinion, backed up by plenty of facts and offered with ideas for other avenues to explore.

When you're with her, your mind can tell you that you have to match her certainty, that you have to conceptualize in the same way, which leads us to your next pressure point...

GRANT'S OUTER PRESSURE POINT: CONCEPTS

You likely want to have a more reliable experience of realizing (finding sense in life) and coming up with formulas (aka logical answers). This can feel like a struggle if you view the world as an uncertain place where it's difficult to find consistent ways of conceptualizing.

This leads to anxiety, especially when you see so many people rationalizing their secrets, searching for logical opinions, having a hard time coming up with reliable insights to express their concepts, and finding ideas to make sense of things. All of this can make you feel mentally defensive and anxious to let go of the concepts you've created, especially as you may not perceive yourself as always having a concrete way of expressing your mind.



Navigating *Challenges*



None of this is wrong, but your mind can tell you that it is. It can create a lot of unwanted anxiety and lead you to cling to any opinion that comes your way just so that you can have a sense of certainty. It's false, though, because you're meant to be multi-lingual in this area. You're able to receive inspiration from a wide variety of sources and to tilt a concept every which way to see how the light hits it. Your mind is a diamond glittering in the sun, not a laser focused on a specific target.

You can still concentrate, of course, and you can come to your own concepts. This doesn't mean that you're wishy-washy. It does mean that you're built to be open-minded and to really sift through ideas until you find the one that best expresses how you see things. And then, give yourself permission to change your mind or adjust your opinion when new information comes to light.

When this pressure gets to be too much, you'll notice that you're unusually defensive and looking for certainties. And, it's possible you'll try to avoid the anxiety and pressure altogether by filling your time with mindless activities that distract you from something you know needs to be done.

A couple of markers you can use as guideposts are wanting and desire. You're designed to see the wanting in the world, what's missing out there, what's lacking, what's really needed. You'll know you're on track when you hear yourself talking about desire. That desire is something that calls you to follow the fire within. It's unmistakable. You'll be lit up.

When you see fear everywhere or find yourself apathetic, it can be a sign that you're off-track. It can be very helpful to have someone ask you yes-or-no questions so you can hear your body's wisdom as to the next steps to take. Wait for emotional clarity (you may be excited but you won't be nervous).



How You *Connect*



Our auras interact in myriads of ways. And, when you two come together, you create a specific blueprint of energy.

It's a synergy of potential between you. Some parts may be comfortable and cozy, others really fun, and maybe a few spots are a bit tender.

Again, nothing and no one is wrong. This is all about learning who you are individually and what you're like when you're together.

SIMILARITIES

You both are very receptive and fluid in how you're able to move through the world. Your genius is sparked by others and you can be surprised at how much you've absorbed and the fun and interesting ways it can be drawn out of you.

You share common ground in having natural skill sets that others see in you before you likely see them in yourself. And, it's normal for both of you to put time and energy into maintaining networks.

You each have a natural perspective of watching authority and leadership in action, and you're likely attuned to observing those who like to dig deep for the answers. This adds to your ability to cultivate relationships (you're watching human behavior in action) and can help to counter some hermetical tendencies that your mind may pull you towards. There can be a tug between your personality's desire to spend time alone and do what you like to do and the way the world seems to call you out of your bubble so you can interact with others. You may notice that this bubble is especially tempting when you're together...it's very easy for you to lock into each other.

You each carry natural leadership qualities and are able to retreat into privacy so that the information you've picked up from others has a chance to percolate through your systems. You're also both good at dealing with growth and moving through cycles and helping them come to a natural close.

You each have a sense of continuity, of what's important to survive so it can support everyone around you. But, underneath that can be a tinge of fear...it's a more conservative approach with a nose to avoid failure.



How You *Connect*



Just as you have aspects in common, you also have places where you each shine as a unique and bright light. These are areas where you can really see each other because it's a trait that's so different from how you operate.

DISTINGUISHERS: REBEKAH

Awareness: Rebekah carries the design of a thinker, and her knowing comes in a pulse. There is genius in how this trait operates. It's suddenly there, that ability to hold the mind's focus and create space for wonder and mystery to transmute into rational concepts. It also means giving yourself time and space to ponder, to let your mind do its thing. Silence or the right type of music can help to alleviate some of the mental pressure to think and know.

Acceptance: Rebekah carries the design of an organizational being. She's designed to share her opinions, her understanding, so it will help the collective move forward. Her mind is strong and certain and it may be difficult to argue with her once it's made up.

(PS: Organization here isn't necessarily about Marie Kondo-ing your home. It's a way of organizing thoughts and facts and opinions.)

Judgement: Rebekah carries the design of insatiability. This is another energetic that is about helping humanity improve and progress. It weds the ability to identify wonky or unstable patterns, stand up to authority to call them out, and bring the energetic vitality needed to make the change. This is a spotlight designed to shine outward to help others, when they ask for it, and is not meant to be a laser beam focused on yourself or those close to you. It can either elevate or denigrate, depending on how you use the energy.



How You *Connect*



DISTINGUISHERS: GRANT

Rhythm: Grant carries the design of being in the flow. He's built to have his own sense of timings. His body will draw him to the routines that feel good. This can also mean that he may be picky about some of them.

It can be hard to change this fundamental life force energetic, even if you want to. Grant is built with an internal sense of timings and routines and rituals, and they are what they are. It also brings in a potential transpersonal love of humanity and accepting all of the extremes that go along with it. It's a strong and magnetic draw that can influence those around him.

Community: Grant carries the design of being a part seeking a whole. He's wired for community, especially when added to other aspects in his design that are about maintaining networks. In community here, this is tightened to those you call your tribe. Being with your tribe can feel very nourishing to you and you may find that you're a natural lynchpin in making it happen. This is also where deals are made (even as mundane as who cooks and who cleans up afterward), and it's important to be clear so that assumptions don't muddy the waters.



How You *Connect*



Here's where we come to the sticky part. In Human Design, these areas are referred to as compromises, and when you struggle against them, they can feel painful.

However, they can also feel like a place where you cooperate with your partner's inherent strengths and you relieve yourself of the pressure of trying to force an issue. This is where you can learn about surrender.

COOPERATION

Grant carries a strength referred to as *Wavelength*, it's a design of talent and is also a continuum of Rebekah's strength of *Judgement*. In *Wavelength*, solutions are marshaled to the challenge made in *Judgement* and then they're expressed with mastery of the appropriate skills. This is where a talent is perfected through repetition until craft is transcended into an art form.

Rebekah and Grant, you're both designed to support a deep well of solutions to those challenges and patterns. but Grant brings the energetic to manifest the change. He's the one who can identify the specific skill needed to draw out that depth and commit the energy to perfecting it over time.

These solutions are serious to you, Rebekah, and they're a key to your good fortune when you're operating in alignment. It's expansive energy for you. You bring an introspective, studious approach to these solutions; whereas, Grant's approach is more trial-and-error. He'll be the one to figure it out as he goes and then externalize it to his network.

Rebekah, this doesn't mean that you have to sit on the sidelines or that your solutions aren't worthwhile. This aspect of your connection may feel especially good to you as it synthesizes energetics in your design. It can feel like you finally have a bridge across a chasm.

It's up to you two how you choose to collaborate in this area. Just remember, Rebekah, that it'll be natural for Grant to operate in a different manner than your more introspective approach. Taking the time to communicate and check in with each other on your goals before you try to bring them out into the world can go a long way toward smoothing any difficulties.



How You *Connect*



We have one other area where Grant's energetic design requires some cooperation.

Grant carries the strength of *Initiation*, a design of needing to be first. It's meant to empower, and it's big-time energy that combines an ability to withstand the shock of a new experience and direct it with universal love.

Grant, you may find that people seem to want to compete with you, even if it's not something you intend. Your aura broadcasts that kickstarter energy. It manifests based on your level of consciousness—you can just make it about being first, or you can elevate the circumstance to the best person being selected. It can be a very creative way to evolve. You'll want to make sure your gut guides you (and that your emotions are in a solid place) so that you're using your energy appropriately. When you commit, it can be extraordinary.

Rebekah, because you also share the trait of shock and bravery, this may potentially feel hijacked by Grant's direction. For you, Rebekah, your shock is a key to evolving your awareness, and it will be with an eye for the future.

For Grant, it's part of how he's designed to see the world, and it's introspective and investigative. You each represent either side of the spectrum of moving from understanding a phenomena to what follows its evolution.

Grant's willpower, sense of direction, identity, and love may feel especially strong to you, Rebekah, as you're naturally going to amplify them. Consequently, this particular area may be very loud to you. It's important that you pay attention to any mind noise about having to prove yourself or contort to a fixed identity.

When it comes to bringing something new into the world (your relationship, a project, a business, etc.), take the time to check in with each other, to make sure you're on the same page with your commitments and what you have the energy to work with. As always, follow your Strategy & Authority to guide your decisions.



How You *Connect*



In our final aspect of connections, we come to the juicy stuff. This is where energy can feel like it sparks.

It's a big draw for attraction, and because of its intensity, it can also be the place where you sometimes want some space.

SPARKS

Rebekah, you carry a trait referred to as Power Skills. It's about money and resources. Your approach is unusual, at times unconsciously heretical, and keyed to evolution and transition.

Grant, you carry a trait referred to as Higher Knowing. It's all about direction, is tied to your voice in the world, and is a natural skill that you may not even see in yourself.

When you come together, this creates a strength called *The Beat*, and is a design of being a keeper of the keys. Quite literally, your combined energies hold the key to bringing about something new. Plus, you empower others in their direction just by being yourselves.

The energy for this may hold some friction for you, sometimes it may feel quiet and at others, stronger.



Comparing Your *Energetics*



It's about operating correctly within yourself, communicating with the other, and then the byproduct is the relationship will operate smoothly.

~Ra Uru Hu

REBEKAH

How your aura works

Projector

You're built to focus on others and offer your insight and perspective

How you make decisions

Splenic

Whippet-quick instincts that guide you to a sense of well-being

Signature

sign that you're on-track, it's what you bring to your relationship

Success

You get to shine and see your efforts rewarded

Not-self

sign that you're off-track and it's time to re-align

Bitterness

You want to contribute and can feel resentful when your talents aren't recognized

How you fulfill your karma

Personal destiny

It's about your path and your process, and isn't dependent on others

How you synthesize information

Collaborative approach

This also makes you more focused on bonding and relationships

GRANT

Generator

You're built to do what you love and bring vital life force energy

Emotional

Your feelings ratchet up before releasing

Satisfaction

Life hums along and you feel like you're making energy instead of just using it

Frustration

Energy doesn't flow, you can feel stuck

Personal destiny

It's about your path and your process, and isn't dependent on others

Collaborative approach

This also makes you more focused on bonding and relationships



Comparing Your *Energetics*



The moment that you're really living out your nature, the moment that you're just following your strategy, those aspects of you become refined. You begin to connect precisely to the right kind of energy.

~Ra Uru Hu

REBEKAH

How you see yourself

Hermit

A born natural who likes space to do your own thing; others will see your talents and draw you out

How others see you

Opportunist

Your relationships are a huge part of your life; your networks are your lifeblood

What you're attracted to

Growth

Where there is harmony and pragmatism in relationships without sacrificing growth or compromising values

What you're attuned to watching in the world

Authority

Foundations for survival intelligence, who has the capacity to truly lead

Pressure to think

Consistent

You have a reliable way of handling the pressure to think and be inspired

GRANT

Hermit

A born natural who likes space to do your own thing; others will see your talents and draw you out

Opportunist

Your relationships are a huge part of your life; your networks are your lifeblood

Leadership

Who wields influence and how do they express their leadership

Authority

Foundations for survival intelligence, who has the capacity to truly lead

Inconsistent

You can be inspired in a multitude of ways; pressure can be amplified when you're with Rebekah



Comparing Your *Energetics*



If there are areas that don't work, it simply means they're not an ingredient for the success of that relationship.

~Ra Uru Hu

REBEKAH

GRANT

How you form concepts

Reliable

You have a fixed way of thinking and form concepts in a consistent way

Variable

You can see issues from a broad perspective; you may pick up on Rebekah's way of thinking when you're together

Your voice in the world

Consistent

It's natural for you to say what you think

Consistent

It's natural for you to say what you identify with and talk about experimenting

Your identity and sense of direction

Multi-faceted

Different aspects of you come out to play depending on who you're with; you may feel locked in to a specific one when you're with Grant

Entrenched

It's easy for you to tap into love, accept extremes, and know which direction needs to be taken

Your willpower for commitments

Inconsistent

Be careful of making promises solely to prove yourself; you may have a stronger sense of willpower when you're with Grant

Certain

You have consistent willpower to follow-through on your commitments



Comparing Your *Energetics*



One of the most important things that we can do in this life is to communicate with each other in a way that is correct and honest.

~Ra Uru Hu

REBEKAH

Your capacity for work, sexuality, and creativity

Inconsistent

You amplify Grant's life force energy; make sure you check in with your sense of well-being to avoid overdoing it

Your sense of security and well-being

Consistent

Your body consciousness is strong with consistent access to survival instincts

How you experience emotions

Reflective

You amplify Grant's emotional frequency; the way you feel is conditioned by who you're with

How you experience stress and pressure

Fortified

You have a consistent way of dealing with stress, pressure, and deadlines; you have the capacity to trust in life and feel grounded

GRANT

Consistent

You make extra energy when you're in response and doing what you love

Consistent

Your body consciousness is strong with consistent access to survival instincts

Constant

You emanate a consistent emotional wave; there is no truth in the now for you as clarity comes with time

Reflective

You amplify Rebekah's sense of groundedness and may feel more stable with her; you also may hurry around her or try to avoid doing things; your timetable is your own



This is Only the *Beginning*

Your design is the journey of a lifetime. It's the warp and weft of humanity's rich tapestry. We call it the Human Design Experiment because we're meant to play with it, to try things out, to see how they feel, to find what works. It grows with us, always aligning us toward our highest evolution for the service of everyone.

Wherever you are in your journey, however old you are, however much you want to accomplish, your design will meet you.

It's there to give you guidance so that you can do the job you came here to do, be the person you were destined to be. And most of all, experience joy.



It has been my pleasure to serve as your Analyst. Thank you for allowing me to share in your Light.

Namaste,

Jenn.

